

August 2019



TANDEM TALK

A monthly news publication of CPC Logistics, Inc.

*Say Hello to
Matthew Loriss*



THE BEST DRIVERS DRIVE CPC



Meet Matthew Loriss

Matthew Loriss has been a part of CPC Logistics for nearly 19 years and is assigned to ICU Medical in Pleasant Prairie, Wisconsin. In that time Matthew has shown tremendous character and professionalism. His remarkable safety record has been rewarded with the CPC Driver of the Month Award in 2012 and the prestigious 1 Million Mile Award in 2016. Matt continues to demonstrate quality customer service, takes pride in his work and he is always willing to help others.

“For more than eighteen years Matt Loriss has serviced our customers within the Chicago and surrounding area,” states Jeffrey Thompson, ICU Medical Transportation Manager. “In the midst of numerous changes within the transportation industry and our specific operation, Matt has continued to work hard in a safe, compliant, and professional manner with a high regard for customer service. He is always willing to go beyond expectations, even when expectations are high.”

Outside of work Matt and his wife are antique dealers. They have been buying and selling antiques for 6 years. But, he says, they are retiring from this business. “We have everything old,” says Matt, “even us.” Matt also enjoys taking care of their yard. “It has lots of perennials and annuals. It’s kind of like botanical gardens. After a long day of yard work, we sit on our porch with our Starbucks in hand, and enjoy the view.”



Why is a 401k Beneficiary Form So Important? *Many people are surprised to learn that a retirement account beneficiary form supersedes what is stated in their Last Will And Testament. In some cases, this can result in retirement savings going to the wrong person.*

The following frequently asked questions about beneficiary forms are worth reviewing to determine if your information should be updated.

Q. What is a beneficiary form?

A beneficiary form directs how a deceased participant’s retirement account assets are to be distributed upon the death of the participant. Completing beneficiary forms accurately helps avoid problems when a participant dies.

Q. When should the form be completed?

A beneficiary form should be completed at the time of your enrollment in the plan. And you should review it regularly and update or correct it if any changes need to be made.

Q. What are some of the common errors or items not completed on a beneficiary form?

A participant might not list a contingent or secondary beneficiary. This would be the person to receive the account in the event the first named person does not survive you. It is always good to at least name a secondary beneficiary [and even a third] just in case the primary beneficiary predeceases the participant. Otherwise, the account will usually default to your Estate and pass by the terms of your Last Will And Testament or per the Probate Law of your respective State.

Q. What should participants do to maintain current beneficiary forms?

Employees should review their beneficiary designations annually to assure accuracy. Also be sure to update beneficiary designations after life events, such as marriage, divorce, or death that may affect who your beneficiary is or your intentions on who you want that to be.

A common problem is not removing a former spouse as the named beneficiary following a divorce.

Q. What happens, if a participant dies and didn’t complete a beneficiary form?

In the absence of a beneficiary form, the plan document dictates how the account is to be distributed. Most plan documents require the deceased participant’s surviving spouse to receive the account. If there isn’t a spouse, then any children usually share the account in equal shares, or the distribution will be made to the decedent’s estate and pass according to the state probate law of their respective state.

Protecting families through company retirement plans makes sense, but participants must make sure the designations they make are documented correctly and updated to reflect their true intentions and wishes. Contact a legal or tax advisor with any questions you may have about naming retirement plan beneficiaries.



RECENT SAFETY MEETINGS

AMERICAN LOGISTICS SERVICES CHICAGO, IL – AUGUST 20, 2019



L-R: Alfred Callier, Richard Hernandez, Brian Hardesty & Nelson Agosto

NORTH AMERICAN PIPE CORP WICHITA FALLS, TX – AUGUST 17, 2019



L-R: CPC Division Manager Richard Jones, Terry Williams, Kevin Martina, Norman Hamilton, Stephen Dixon, CPC Safety Manager John Schlichter, Jose Castro & Ernest Johnson

BRIDGESTONE AMERICAS TIRE OPERATIONS DES MOINES, IA – JULY 31, 2019



L-R: Loyd Quinnett & Dean Lewis

ADVANCE LOGISTICS KANSAS CITY, KS – JULY 26, 2019



L-R: CPC Division Manager Richard Jones, Steve Hurr, Mike Thiessen & Steve Wetzel

JOHN DEERE SHARED SERVICES N PLATTE, NE – JULY 25, 2019



L-R: Neil Macy, Rick Harms, Richie McCuiston

BRIDGESTONE CANADA MONCTON, NB – JULY 23, 2019



L-R: Troy Gladstone, Todd Gladson, Bill Paddock Sr., Bill Paddock Jr.

DRIVER OF THE MONTH



Congratulations to Dan Wulf on being selected CPC Logistics Driver of the Month for June 2019. Dan is assigned to John Deere Shared Services in Davenport, Iowa. Great job, Dan!

DRIVER OF THE MONTH



Chris Austin assigned the New South Express in Lincoln, Alabama is shown with CPC Operations Manager Randy Curlee while being presented the CPC Logistics Driver of the Month for June 2019. **Congratulations, Chris!**

15 YEAR SAFETY AWARD



Troy Gladstone recently celebrated 15 years of Safe Driving and was presented a crystal truck award to mark this career milestone. Troy is employed with CPC Canada where he drives for Bridgestone Canada out of Moncton, New Brunswick.



John Schlichter

Safety Managers Tip of the Month



September 8-14, 2019

TRUCKING MOVES AMERICA FORWARD

Next month, September 8-14, 2019, is National Truck Driver Appreciation Week, a time for our country to honor all professional drivers. This industry is the backbone of our economy and the drivers are the heartbeat that keeps it moving forward.

National Truck Driver Appreciation Week was founded by the American Trucking Association (ATA) and began officially honoring drivers more than 20 years ago.

FACTS:

- There are 3.5 million truck drivers in the United States. The trucking industry supports more than 7 million jobs.
- Trucking brings more than \$726 billion in revenue to the American economy.
- More than 80% of U.S. communities rely solely on trucking for delivery of their goods and commodities.
- 71% of U.S. freight, by weight, travels on trucks. This represents over 10 billion tons of freight hauled annually.

We depend on the transportation industry, and more importantly, truck drivers to deliver everything from basic goods and commodities to life-sustaining medical supplies to our communities. Trucking and truck drivers are at every critical step of the way when making deliveries for retail, food & agriculture, manufacturing, fuel, health care and natural disasters.

America's truck drivers sacrifice daily, precious time with their families, so they can make their deliveries to our nation's families. With ever-changing regulations, policies and on-going safety training, professional drivers are committed to the safe delivery of all the things that make our quality of life possible.

On behalf of everyone at CPC Logistics, I want to thank our drivers, as well as all our employees who are in supportive roles within the industry, for a job well done on a daily basis. Not only do we pause to say "Thank You" during this special week, but we recognize the dedicated work that you do for the company and our clients every day.



Thank You
Drivers!



In Transit Welcomes New Drivers from Atlantic Packaging, Ltd.

In Transit welcomes our new hires, the professional fleet drivers dedicated to Atlantic Packaging Ltd. We are honored to have such an experienced and knowledgeable team of heavy haul drivers operating quad axel equipment and performing deliveries with new equipment around the Greater Toronto Area. With Atlantic Packaging newly purchased HWY units, In Transit brings a team of heavy haul, cross border drivers running new Freightliner power units, equipped with DOT compliant ELDs into upstate NY on heavy load permitted roadways.

We only have a few more driver positions for local and HWY roles with Atlantic for now, referral bonuses are provided.

Call 1-888-937-8233 or email dispatch@in-transit.com for details



DRIVER STOPS BY HEADQUARTERS

We were so happy to have driver Marc Simmons stop by the Corporate Office of CPC Logistics recently. Marc has been a CPC employee since 2005 and is assigned to the Walgreen Company account in Glen Allen, Virginia. Great to see you, Marc!



Congratulations to the following drivers on being selected Drivers of the Month for July 2019!

East Division

Richard D. Barber – Walgreen Company/Pelham AL

Russell C. Neal, Jr. – Firestone Industrial/Indianapolis IN

West Division

Eugene N. Boyle – Walgreen Company/Nampa ID

Rolando R. Risco – Bridgestone Americas Tire Operations/Roanoke TX

Canada Division

Robert C. Godden – John Deere Canada/Grimsby ON



HIGHWAY to HEALTH

Coming Soon!

Wellness and Benefits annual enrollment will be here soon.

Details around Wellness and Benefits participation will arrive through the mail in separate packets.

Please be sure to notify us of any address change.

Watch for your packets and notify a Benefits Counselor at 800-941-7089 if you don't receive both sets of information by early October 2019.



NEW! Accolade: Personalized Health and Benefits Support

We're excited to share that we have partnered with Accolade to provide you and your family personalized support for your health and benefits needs.

Employees and their family members enrolled in the CPC medical plan can connect with an Accolade Health Assistant to help with health or benefits questions, big or small. Your Health Assistant takes the time to get to know you and understand your needs, while partnering with a team of doctors, nurses and benefits specialists to support you in making the best healthcare decisions possible.

Accolade can help with:

- Maximizing your benefits
- Understanding your healthcare options
- Resolving claims issues
- Finding an in-network provider
- Getting the right care
- And so much more!



It's easy to connect with a Health Assistant — even on the go:

- Visit member.accolade.com
- Text FRMB to 67793 to download the **Accolade mobile app***
- Call **844-351-3536** (Monday through Friday, 8AM to 8PM CT)

*Message and data charges may apply, visit accolade.com for privacy policy. Accolade does not practice medicine or provide patient care. It is an independent resource to support and assist you as you use the healthcare system and receive medical care from your own doctors, nurses and healthcare professionals. If you have a medical emergency, please contact 911 immediately.

2019 Driver Hall of Fame PHIL NEFF

CPC is proud to announce that employee, Phillip Neff, was selected by the National Private Truck Council and Lytx, Inc as a 2019 Driver Hall of Fame Honorable Mention. Mr. Neff is assigned to Walgreen Company in Orlando, Florida and has been an employee of CPC since 2005. Pictured are Dan Most, Sr Manager of Operations & Safety, Phil and Mark Echevarria, Regional Manager.



BATO Driver Appreciation Day

Employees and their families assigned to the Bridgestone Americas Tire Operations in Woodridge, Illinois were celebrated with a Driver Appreciation Day on August 14th.

Thank you for all you do to keep the tires rolling and our customer happy!



SAFETY AWARDS

ONE YEAR

Zachero Jr, James
Walls, Darryl
Urbanak, Loria
Toney, Daniel
Thiessen, Michael
Taylor, Julius
Sealey, Jason
Romero, Orlando
Ritter, Michael
Piercy Jr, Paul
Nolan Jr, Ronnie
Johnson, Ernest
Johnson, Dontriel
Harms, Rick
Hardesty, Brian
Gurley, John
Foulkes, Charles
Floro, Jeffery
Ephriam, Jeremy
Edgar, Autumn
Callier, Alfred
Burton, Christopher
Boyington, Jeffrey
Bishop, Curtis
Bennett, Lori
Battle Jr, Frank
Baise, Maurice
Andrews, Stephen

TWO YEARS

Williams, Terry
Watkins, Terry
Sungaila, Robertas
Smith, Ryan
Sluder, Caleb

Michalkiewicz Jr, Richard
Martina, Kevin
Lyda, Jonathan
Huckeba, Wayne
Fort, Dewayne
Fields, Delvin
Earle, Joe
Cowell, Kevin
Clark, Greg
Byler, Jeffrey

THREE YEARS

Stevens, Austin
Sharp, Jason
Rocker, Phillip
Radon, Samuel
Pointer, Albert
Niemczyk, Francis
Mundy, Larry
McBride, Brad
Lanier, Robert
Hamilton, Norman
Gordon, Terry
Eckman, Donald
DeGarmo, Tom
Cheeks, William
Betancourt Jr, Oscar
Batey, Wesley
Barnes, Johnny
Arnold, Xavier

FOUR YEARS

Whitmire, Christopher
Whetstone, James
Thompson, Michael
Shaddix, Steven

Riggins, Ronald
Regnier, Andrew
Perez, Victor
Oswalt, John
McCombs, Joseph
McCain, Brandon
Mann, Steven
Madrid, Sandra
Luttrell Jr, Donald
Lindsey, Steven
Jimenez, Angel
Jackson, Charles
Hurr, Howard
Holbrooks, Dallas
Hicks, Rodney
Hernandez, Raymundo
Varo

Harris-Brown, Deon
Hall, Timothy
Futrell, David
Conner, Ronnie
Clark, Aaron
Calderon, Luis
Bell, Willie
Bell, Rickey

FIVE YEARS

Watts, Phillip
Villalobos-Avalos, Luis
Varo, Juan
Shaffer, Robert
Scott, Kenneth
Sanchez, Jose
Rosell Diaz, Alfredo
Riggins, Ronald
Ribota, Eduardo

Ramirez, Felipe
Perkins, Patricia
Norman, Cliff
Mitchell, Hubert
McGinnis, Lloyd
Holland, Terry
Garcia Vivar, Miguel
Fluharty, Jarold
Fernandez, Luis
Davis, Tommy
Courtney, Joseph
Copeland, Wolfgang
Castro, Jose
Byars, Jason
Bush, Robert

SIX YEARS

Yeager, James
Taylor Jr, Randelle
Reeves, Jr, Billy
Rambo III, Herman
Oswald, Lawrence
Morgan, Bennie
Metzger, Robert
Marbut, William
Heard Jr, Lemuel
Hale, Terry
Eckel, Thomas
Conner, William
Chumley, Roger
Caesar, Lonnie
Bearden Jr, Hilton
Allende Rodriguez, Edwin

SEVEN YEARS

Stanley, Aaron

Sheffield, Jermichael
Seevers, Ronald
Rogalski, Keith
Mayne, Donald
Maydole, Jonathon
Lay II, Frederick
Grizzard, Deborah
Falor, Kyle
Dixon, Stephen
Cartwright, Charles
Bennett, George
Baird, Chester

EIGHT YEARS

White, Terry
Kaufman, Charles
Hunter, Bernard
Dudley, Larry
Brewer Jr, Tim
Austin, Christopher

NINE YEARS

Walker, Anthony
Reeves, Phillip
McCuston, Richard
LaCroix, Kevin
Jones, Marvin
Hickmon, Levern
Easterling, Shannon
Cook, Phillip
Atkinson, Michael

TEN YEARS

Woodbury, James
Venette, Jerry
Stone, Brian

Simmons Jr, Rudolph
Rhodes, Lance
McNeil Jr, Howard

ELEVEN YEARS

Swindall, Harlan
Stone, Brian
Smith, Troy
Rhodes, Lance
Harvey, Robert
Hartwell, Matthew
Carroll, Donald
Watson, Mary
Walker, Howard
Tyus, Robert
Rood, Jared
Kitchens, Marvin
King, Terry

THIRTEEN YEARS

Choi, William
Dye, Charles
Whitten, Ricky
Sweet, Robert
Sims, Jeffrey
Shuler, William
Nelson, Allen
Gilbert, Calvin
Cowan Jr, William
Bryant, Rodney

FOURTEEN YEARS

Borucki, Jeffrey
Turley, Virgil
Taylor, Terry

Smith, Bobby
Runfola, Benjamin
Lovlace, Steven
Brown, Jr., Leon
Brewer, Bobby

FIFTEEN YEARS

Bagwell, Jerry
Wilson, Lewis
Vincent, George
Glenn, Allen
Canipe, Danny
Ramirez, Frank

SEVENTEEN YEARS

Parker, Steven
Pope, Michael
Payne, Richard

EIGHTEEN YEARS

Owens, Ricky
Holmes, Daniel

NINETEEN YEARS

Banister, Gregory

TWENTY ONE YEARS

Rice, Robert
Saxon, James

TWENTY NINE YEARS

Hart, Derrick
Merritt, Tommy

DRIVER APPRECIATION LUNCHEON

The drivers assigned to the Walgreens domicile in Hartford, Connecticut enjoyed a cookout in their honor on August 14th. In addition to enjoying some awesome food and a 90 lb. pig prepared by Safety Supervisor and Grill Master Richard McCarthy, Joe Cosenza, Sr. Safety Manager, took the opportunity to educate the drivers on the Accolade program.

