DECEMBER 2014

CPC LOGISTICS INC

Tandem Talk

Editor: 14528 South Outer 40 Road, Suite 210, Chesterfield, MO 63017

Tandem Talk is a monthly publication for our valued clients and employees.

DISTRACTED DRIVING LAWS

Distracted driving is any activity that could divert a person's attention away from the primary task of driving. All distractions endanager driver, passenger, and bystander safety.

Currently there are 44 states, D.C. Puerto Rico, Guam and the U.S Virgin Island that ban text messaging for all drivers and 14 states, D.C., Puerto Rico, Guam and the U.S. Virgin Islands that prohibit all drivers from using handheld cell phones while driving. You can visit the website www.distraction.gov for more details.

Because text messaging requires visual, manual, and cognitive attention from the driver, it is by far the most alarming distraction. The chart below outlines the state distracted driving laws.

State	Hand-held Ban	All Cell Phone Ban		Text Messaging Ban		
		School Bus Drivers	Novice Drivers	All Drivers	School Bus Drivers	Novice Drivers
Alabama			16, or 17 w/ Intermediate License <6 months (Primary)	Yes (Primary)	Covered under all driver ban	
Alaska				Yes (Primary)	Covered under all driver ban	
Arizona		Yes (Primary)				
Arkansas [1]	18 - 20 years old (Primary)	Yes (Primary)	<18 (Secondary)	Yes (Primary)	Covered under all driver ban	
California	Yes (Primary)	Yes (Primary)	<18 (Secondary)	Yes (Primary)	Covered under all driver ban	
Colorado			<18 (Primary)	Yes (Primary)	Covered under all driver ban	
Connecticut	Yes (Primary)	Yes (Primary)	<18 (Primary)	Yes (Primary)	Covered under all driver ban	
Delaware	Yes (Primary)	Yes (Primary)	Learner or Intermediate License (Primary)	Yes (Primary)	Covered under all driver ban	
D.C.	Yes (Primary)	Yes (Primary)	Learners Permit (Primary)	Yes (Primary)	Covered under all driver ban	
Florida				Yes (Secondary)	Covered under all driver ban	
Georgia		Yes (Primary)	<18 (Primary)	Yes (Primary)	Covered under all driver ban	
Guam	Yes (Primary)			Yes (Primary)	Covered under all driver ban	
Hawaii	Yes (Primary)		<18 (Primary)	Yes (Primary)	Covered under all driver ban	
Idaho				Yes (Primary)	Covered under all driver ban	
Illinois	Yes (Primary)	Yes (Primary)	<19 (Primary)	Yes (Primary)	Covered under all driver ban	
Indiana			<18 (Primary)	Yes (Primary)	Covered under all driver ban	
Iowa			Restricted or Intermediate License (Primary)	Yes (Secondary)	Covered under all driver ban	
Kansas			Learner or Intermediate License (Primary)	Yes (Primary)	Covered under all driver ban	
Kentucky		Yes (Primary)	<18 (Primary)	Yes (Primary)	Covered under all driver ban	
Louisiana	Learner or Intermediate License (regardless of age)	Yes (Primary)	1st year of License (Primary for <18)	Yes (Primary)	Covered under all driver ban	
Maine			<18 (Primary)	Yes (Primary)	Covered under all driver ban	
Maryland	Yes (Primary)		<18 w/ Learner or Provisional License (Secondary)	Yes (Primary)	Covered under all driver ban	
Massachusetts		Yes (Primary)	<18 (Primary)	Yes (Primary)	Covered under all driver ban	
Michigan		Yes (Primary)	Level 1 or 2 License (Primary)	Yes (Primary)	Covered under all driver ban	
Minnesota		Yes (Primary)	<18 w/ Learner or Provisional License (Primary)	Yes (Primary)	Covered under all driver ban	
Mississippi		Yes (Primary)			Yes (Primary)	Learner or Provisional License (Primary)

State	Hand-held Ban	All Cell Phone Ban		Text Messaging Ban		
		School Bus Drivers	Novice Drivers	All Drivers	School Bus Drivers	Novice Drivers
Missouri						<21 (Primary)
Montana						
Nebraska			<18 w/ Learner or Intermediate License (Secondary)	Yes (Secondary)	Covered under all driver ban	
Nevada	Yes (Primary)			Yes (Primary)	Covered under all driver ban	
New Hampshire	Yes (Primary) *(eff. 7/2015)*		Yes (Primary)	Yes (Primary)	Covered under all driver ban	
New Jersey	Yes (Primary)	Yes (Primary)	Permit or Provisional License (Primary)	Yes (Primary)	Covered under all driver ban	
New Mexico	In State vehicles		Learner or Provisional License (Primary)	Yes (Primary)	Covered under all driver ban	
New York	Yes (Primary)			Yes (Primary)	Covered under all driver ban	
North Carolina		Yes (Primary)	<18 (Primary)	Yes (Primary)	Covered under all driver ban	
North Dakota			<18 (Primary)	Yes (Primary)	Covered under all driver ban	
Ohio			<18 (Primary)	Yes (Secondary)	Covered under all driver ban	
Oklahoma	Learner or Intermediate License (Primary)				Yes (Primary)	Learner or Intermediate License (Primary)
Oregon	Yes (Primary)		<18 (Primary)	Yes (Primary)	Covered under all driver ban	
Pennsylvania				Yes (Primary)	Covered under all driver ban	
Puerto Rico	Yes (Primary)			Yes (Primary)	Covered under all driver ban	
Rhode Island		Yes (Primary)	<18 (Primary)	Yes (Primary)	Covered under all driver ban	
South Carolina				Yes (Primary)	Covered under all driver ban	
South Dakota			Learner or Intermediate License (Secondary)	Yes (Secondary)	Covered under all driver ban	
Tennessee		Yes (Primary)	Learner or Intermediate License (Primary)	Yes (Primary)	Covered under all driver ban	
Texas [1]		Yes, w/ passenger ≤17 (Primary)	<18 (Primary)		Yes, w/ passenger ≤17 (Primary)	<18 (Primary)
Utah		Yes (Primary)	<18 (Primary)	Yes (Primary)	Covered under all driver ban	
Vermont	Yes (Primary)		<18 (Primary)	Yes (Primary)	Covered under all driver ban	
Virgin Islands	Yes (Primary)			Yes (Primary)	Covered under all driver ban	
Virginia		Yes (Primary)	<18 (Secondary)	Yes (Primary)	Covered under all driver ban	
Washington	Yes (Primary)		Learner or Intermediate Licence (Primary)	Yes (Primary)	Covered under all driver ban	
West Virginia	Yes (Primary)		<18 w/ Learner or Intermediate Licence (Primary)	Yes (Primary)	Covered under all driver ban	
Wisconsin			Learner or Intermediate Licence (Primary)	Yes (Primary)	Covered under all driver ban	
Wyoming			<18 (Primary)	Yes (Primary)	Covered under all driver ban	

Divisional Drivers Of The Month

EASTERN DIVISION

Dariusz Chowaniec has been selected as Driver of the Month for November 2014 for the Eastern Division. He has been assigned to Walgreen Company in Easton, Pennsylvania since October 2008. Dariusz takes his job seriously and is very dependable. He prefers to do the store deliveries, which keeps him driving in the busy metropolitan areas. He is well deserving of the Driver of the Month award.

Jason Savage has been selected as Driver of the Month for November 2014 for the Eastern Division. He has been assigned to Walgreen Company in Pendergrass, Georgia since August 2012. Jason is a total team player that is always willing to help his co-workers. He helps any driver that has questions and has helped train new drivers. He accepts assignments with a great attitude and can be counted on completing the job efficiently and on time. Jason's attitude makes him a pleasure to work with and his example as a caring professional at work makes him a true asset for CPC at Walgreens.

WESTERN DIVISION

Brian Webb has been selected as Driver of the Month for November 2014 for the Western Division. He has been assigned to Walgreen Company in Round Rock, Texas since September 2004. Brian is a very professional driver and his customers love him and are disappointed when he is not the driver making the delivery. He follows all stated policies and does not complain when things don't go as planned. He has a routine that he follows every time at every store delivery. Brian's attitude and professionalism are qualities that make him deserving of the Driver of the Month award.

Paul Romin has been selected as Driver of the Month for November 2014 for the Western Division. He has been assigned to Toyota Quality Parts Express in Torrance, California since May, 2004. Paul is an exemplary driver that deserves recognition for being a continual positive force within our TQPE client. He is ready for any assignment and always has a positive attitude. Whether he is asked to help in the office or deliver a last minute order, Paul's work ethics and integrity are a benefit to the daily operations. He is an effective role model for the new drivers on how to handle a job with professionalism and pride and is an excellent choice for the Driver of the Month award.

CANADA DIVISION

Brian Levesque has been selected as Driver of the Month for November 2014 for the Canada Division. He has been assigned to the John Deere Canada Fleet since April 2007. Presently Brian makes a dedicated run to the Akron, OH distribution center 5 nights a week. He takes pride in providing excellent service to our dealer network in that region even during the winter months when the driving can become a challenge. Brian can always be counted on to help out and promote the team spirit and is highly deserving of this award.

CPC Safety Manager Tip of the Month.....Rory Manning

WINTER DRIVING

First and foremost: slow down! It takes longer to stop or adjust in wet weather.
Stay toward the middle lanes - water tends to pool in the outside lanes.
Maintain proper following distance (6 Second Rule). This needs to be increased in wet weather.
Drive in the tracks of a car ahead of you.
Don't follow large trucks or buses too closely. The spray created by their large tires reduces your vision. Take care when passing them as well; if you must pass, do so quickly and safely.
Be more alert when driving in wet or slippery conditions. Watch out for brake lights in front of you.
Avoid using your brakes, if possible, take your foot off the accelerator to slow down.
Turn your headlights on even in a light rain, or in gloomy, foggy or overcast conditions. Not only do they help you see the road, but they'll help other drivers see you. If your car has daytime running lights you still should put them on, so vehicles behind you can see you better.
Before it starts to rain, replace old or brittle wipers.
Avoid off-road driving, it's hard to judge the actual depth of puddles and you can easily become stuck, even in an SUV.
Never drive beyond the limits of visibility. At night rainy roads become especially treacherous. The glare of oncoming lights, amplified by the rain on your windscreen, can cause temporary loss of visibility while substantially increasing driver fatigue. In rainy condition pedestrians, livestock, and wildlife are extremely hard to spot and even harder to avoid.
Never drive through moving water if you can't see the ground through it, your car could be swept off the road. When driving through a puddle of uncertain depth, go slow. If it's deeper than the bottom of your doors, turn around and find another route. Deep water can cause serious damage to a modern car's electrical system.
Avoid splashing pedestrians.
If possible, stay off the road during heavy thunderstorms. Large flashes of lightning can temporarily blind and disorient drivers, and the accompanying high winds and heavy rain can create deadly driving conditions.
Slow down! This should be obvious but is also very important. People are to used to driving certain speeds on certain roads that sometimes they forget the need to slow down when inclement weather presents itself.

EMPLOYEE SAFETY TIP OF THE MONTH WINNER FOR NOVEMBER

Congratulations to **Greg Groller** for winning the November Employee Safety Tip of the month. Greg has been assigned to the Bridgestone America Tire Operations in Allentown, Pennsylvania, since May 18, 2009.

"When backing from a street with traffic, if the back of your truck has spotlights, (porch lights), turn them on. Even during the daylight, this will give oncoming traffic an added visual. Added with four ways and a horn warning, they should see you."

MILLION MILE AWARD PRESENTATIONS

JON PUNCH and **JOEL ZANELLA** assigned to Walgreen Company in Waxahachie, Texas are shown with having been presented their **Million Mile Award.** What an accomplishment.

SAMUEL KAY assigned to Benjamin Moore Company in Pell City, AL is shown being presented with his Benjamin Moore and CPC 10 year Safety Awards. Pictured L to R: Gary Hurst, Ben Moore DC Manager and Samuel Kay.

CPC News Flash

CPC wishes to extend to you and your family a Merry Christmas and a safe and joyous holiday season.

Rene Conde, Walgreens Waxahachie, TX Employee Safety Tip winner for the month of October.

Special Acknowledgement to Mark Rich, driver at Bridgestone Americas Tire Operation in Tulare, CA for his volunteering as a Scout Leader with a group of Boy Scouts this past summer at Camp Chawanakee at Shaver Lake, CA. It is only with the dedication of scouting volunteers that our young people have a quality program at Summer Camp and Mark helped make this possible.

December 21, 2014

To remember and honor all those who died in the attack on Pearl Harbor on December 7, 1941.

CDL medical merger final date is January 20, 2015!

The final compliance date for the rules associated with the merging of the drivers' CDL and medical card. January 30, 2015 is rapidly approaching and at this point, the main thing existing drivers need to do is provide the state driver licensing agency (SDLA) with a copy of the new medical card after they pass a physical. **IF** the driver does not update the SDLA when he/she renews the medical card, the state will "downgrade" the driver's CDL (the driver will no longer have a CDL). The details of the downgrade and the process involved in reinstating the CDL will vary, depending on the sate the driver is license in.

Did You Know?

In America, someone becomes the victim of identity theft every 3.5 seconds.

Well over 200 million personal data records were lost or exposed in the US in the last 2 years. Over 3 million valid Social Security Numbers are traded online annually.

The risks are great, in terms of lost wages, personal time lost, out-of-pocket expenses and peace of mind.

Family Protection

Restoration & Recovery Services Counselor and Legal Support benefits cover you and your immediate family.

Credit Monitoring w/Expense Reimbursement cover you SSN only but others may be added for a small monthly fee at activation.

Identity Theft Protection Program Platinum Protection features

Facts & Knowledge delivered in easily digestible pieces - including important information designed to inform and educate you about the true risks of identity theft and the steps you can take to minimize that risk,.

A full suite of **Credit Monitoring** benefits designed to alert you of any changes to your credit report and provide an informational, credit-oriented resource including 24/7 access to your Trans Union credit report and score.

Identity Restoration and Recovery Services delivered by a world-class, multi-lingual action center providing an assigned team of ID Theft Specialists to perform all of the time-consuming work to restore your credit, identity and good name - whatever it takes.

Identity Theft Expense Coverage reimburses you, as a victim, for certain expenses, including lost wages and legitimate out-of-pocket expenses related to the theft up to $25,000 with no deductible.

Counselor Support to deal with the emotional stress of having your identity stolen, is available 24/7 and only a phone call away. Extended Legal Support includes drafting a victim impact statement for the court and an initial legal consultation if needed - ensuring you are not alone in your fight.

A complement of exclusive **On-line Member resources**, available only to premium Platinum members, including member forums, current trends and warnings related to identity theft, corporate information breach alerts, real-time RSS feeds and related news articles and videos.

Learns More: Visit www.SolusID.com

Identity Protection. Life Protection.

FYI Incident	Annual Victims
Identity Theft	9,800,000
Car Accident	6,028,000
Burglary	2,176,000
Violent Crime	1,408,000
Vehicle Thet	1,096,000
House Fire	414,000

Identity Theft plans provide protection for your credit rating, your name and your piece of mind. To protect yourself SOLUS Identity Theft Protection is available to you as a company benefit. SOLUS offers the Platinum Plan, a comprehensive full service identity theft protection plan that includes: 24/7 multi-lingual action center, identity restoration, credit monitoring, identity theft expense coverage, counselor and extended legal support, and complementary online member resources.

Identity theft is a serious crime and can happen to anyone. To help protect yourself, you should change your passwords on a regular basis and should always check your credit card and bank statements.

Take advantage of this benefit today and protect your most valuable asset, your identity. For more information or to enroll in this benefit, please call a CPC Benefits Counselor at 800-941-7089.

Recent CPC Safety Meetings

TRUE VALUE COMPANY
Allentown, Pennsylvania– September 20, 2014

Front Row L to R: Jeff Allen, Miguel Rivera, Sebastiao Leal and Alex Diaz. **Back Row L to R:** Mike George, Mark Kemmerer, Gere Kresh, Mike Levitsky, Brian Bachman and Dean Krause.

Front Row L to R: John Danner, Chris Czonstka, Vince Hoogenboom and Jim Buckles. **Back Row L to R:** Steve Gellis, Bill Kubat, Ron Goodwin, Jose Flores, Tim Ryan, William Garcia, Tim Dubois, Mike Cotumaccio, Manual Diaz, Richard DeJesus, Terry Steward, Manny Gaton, Jose Mambru and Donnell Williams.

MOEN INC
Kinston, North Carolina – November 18, 2014

Front Row L to R: James Anderson, Greg Jones, Scott Mitchell, David Perry, Leonard Jones and Tommy Raynor.
Back Row L to R: Ray Thaggard

Front Row L to R: Wayne Smith, Clyde Garris, Don White, Cortez Champman, Robert Brown and Gary Pugh. **Back Row L to R:** Rodney Huyett, Terry Foy, Lynn Smith, John Herring, George Sullivan, David Stevens, James Sams and Ronnie Malpass.

CROWN CORK & SEAL
Alsip, Illinois – October 23, 2014

L to R: Roman Mitchell, Terrence Bryant, Tyrone Christian, Antonio Rosa and Hector Nava.

Highway to Health News

WISHING YOU A SEASON FILLED WITH JOY

Spend time with those who matter most to you. Show them that you love and care about them. Your loved ones will remember your spending time with them far longer than they will remember a gift that you purchased for them.

Set limits on how much to spend on gifts. 1.5% of your yearly gross income is a workable figure to spend on holiday gift giving. Make a list, shop around, and keep track of your spending.

Stretch your gift dollars. Suggest your family participate in a pick-a-name gift exchange, give gift certificates for your time or your talents, give family treasures and nostalgic items as gifts.

Eat well. Pre-plan quick healthy meals to avoid fast food when out running errands. (Sandwiches, pre-cut vegetables, fresh fruit), offer to bring a healthy dish to holiday party (your host will be grateful). Moderation is the key - Select small portions, avoid excessive alcohol consumption and snacking, eat slowly, savor the flavor.

Exercise. Move around doing fun activities with loved ones. Not only will you be able to enjoy their company, but you will feel better and burn calories. An hour of walking, 40 minutes of touch football, 90 minutes of raking leaves, 40 minutes of snow shoveling, 45 minutes of aerobic dancing, 2 hours of shopping, 50 minutes of swimming, 40 minutes of biking each about 300 calories.

Boost your Emotional Health

A person with strong emotional health cares about himself or herself, has positive relationships, and can handle life's unexpected challenges. When a person's emotional health is in top shape, he or she is in control of emotions, thoughts, and actions. Those with strong emotional health tend to do the following:

Live a healthy lifestyle
Socialize
Express feelings properly
Balance work and fun
Calm down before reacting

Lower Winter Fuel Costs

Budgeting money for the holidays is always important, but many people often forget about the increased energy costs associated with winter until they get hit with the bill. Use the following recommendations from the Department of Energy to keep your costs in check this year.

- Cover drafty windows with heavy-duty, clear plastic sheets, or tape clear plastic film to the inside of your window frames.
- Seal the air leaks around utility cut-throughs for pipes, in gaps around recessed lights in insulated ceilings and in unfinished spaces behind cupboards and closets.
- Maintain a regular service schedule for your heating systems. Replace filters once a month or as needed.
- Set your thermostat as low as is comfortable, Turning it back 10 degrees at night or before leaving your home can save around 10 percent of your heating bills
- Finally, use LED holiday light strings to save on the price of seasonal decorations.

Eating Healthy Through the Seasons

The shorter days and colder weather tend to make us want to bundle up and treat ourselves with comfort foods which typically aren't the healthiest or lowest in calories.

Staying on the healthy eating track through the chilly holiday season can be extra tough with fewer outdoor activities and holiday celebrations where we are bombarded with calorie-laden foods. Nonetheless, it is possible to continue eating plenty of fruits and vegetables, maintain a balanced diet and make healthy choices during the season. With some planning ahead and willingness to try new things, you will be able to create many new mouth-water options. Read ahead to find out what's in season and how you can eat healthy all year long.

Shopping for the Season

The fruits and vegetables listed below are just some of the delicious produce you'll come across September through February. You can find even more at your local grocery store or produce stand. Think of all the colorful snacks, stir-fries and soups you can make by mixing and matching these ingredients:

Fruit and Winter Fruits

Cranberries	Grapes	Tangerines	Avocado
Apples	Pears	Quincos	Figs
Banana	Kiwi	Pomegranates	
Clementines	Grapefruit	Mandarin Oranges	
Oranges	Persimmons	Kumquats	

Fruit and Winter Vegetables

Butternut Squash	Pumpkins	Brussels Sprouts	Kale
Swiss Chard	Sweet Potatos	Green Beans	Celery Root
Cauliflower	Delicate Squash	Snow Peas	Rutabags
Broccoli	Onions	Cabbage	Carrots
Parsnips	Beets	Leeks	

Eating Vibrant, Colorful Meals and Snacks

- Salads never go out of seasons and you can find a variety of dark, leafy greens year-round.
- Add canned beans, grated cheeses, and nuts for crunch and added nutrients.
- Warm up your house on a chilly winter evening with roasted vegetables. Chop up any combination of potatoes, squash, onion and garlic. Toss with a bit of olive or chopped herbs, salt and pepper. Roast and enjoy.
- Soups ands stews are inexpensive, easy and can be made in advance. Freeze your creations for future meals or eat them throughout the week for lunch or dinner.
- Winter fruit is a perfect sweet addition to you salads including sliced apples, pomegranate seeds, and figs. You can make a quick, sweet dressing with equal parts balsamic vinegar and maple syrup with two tablespoons of olive oil. Toss the ingredients in a jar, shake it up and pour.
- Make inexpensive delicious meals with the winter squashes available including spaghetti squash, delicate butternut, pumpkin and acorn. Cut the squash in half, place it skin side up on a baking sheet and roast for 20-40 minutes, depending on size. Then, toss it in salads, pasta, rice dishes or eat it by itself with a bit of olive oil. Salt and pepper. Kids love the experience of cooking spaghetti squash and making their own healthy "pasta".

Recent CPC Safety Meetings

BENJAMIN MOORE AND COMPANY
Pell City, Alabama – October 4, 2014

Front Row L to R: Jeff Treadwell, Charles Wolfe and Ricky Whitten. **Back Row L to R:** Samuel Kay, Michael Tew, Gerald Bellew, Johnny Trammell, Donald Troester and Stanley Woods.

Front Row L to R: Robert Scott, Scott Smith and Wayne Thomas. **Back Row L to R:** Rebecca Waltz, Roger Griffith, Gary Alexander, Phillip Ponder and Roger Rowell.

BRIDGESTONE AMERICAS TIRE COMPANY
Fenton, Missouri – November 7, 2014

L to R: Gene Smith, Robert Johnson and Jon Hammond.

Clifton, New Jersey – November 8, 2014

Front Row L to R: Tom Kidney, Alfred Orriols, Raul Mira, Jim McNamara, Frank Schrimp, Angel Acevedo, Julian Arango, Bob Velez, Jamie Rivas, James Vera, Connie Raible, Pat Devenny and Hugo Ramirez. **Back Row L to R:** Roberto Pereira, Rini Loga, Alex Llanos, Carl Green, Jose Gaviria, Mansur Rahman, Milo Selin, Juan Tejda, Brian Milano, George Kyratzis, Bob Morton, Greg Fracz, Harry Garbarini, Terry Lydon, Bob Susnosky, Jim Pandolfo, Kevin Joyce, Ken Wasiewicz and Randy Sawicki.

WALGREEN COMPANY
Waxahachie, Texas – November 17, 2014

Front Row L to R: Jon Punch, Mike Norwood, Armando Zarate, Gus Macias and David Deweerd. **Back Row L to R:** Cory Henderson, James McCoy, Rene Conde, Ronald Hayes and Timothy Alexander.

Front Row L to R: Jimmy Simon, Maurice Thompson, Anthony Velasquez, Alfred Allen and Jaime Munoz. **Back Row L to R:** Timothy Wilson, William Moore, Torrey Boudreaux, Rodney Webber, Aaron Larrsion.

Front Row L to R: Larry Howlett, Lonnie Brasket and Grady Moore. **Back Row L to R:** Charles Pass, Clint Hill and John Sluder.

Did You Know...

Drivers who leave a drug test collection site too early could put their careers at risk, warns the US Department of Transportation (DOT). Under DOT regulations in 49 CFR Part 40, a "refusal" holds the same consequences as a positive test. Drivers who refuse testing must stop driving and undergo a lengthy and costly evaluation and treatment process that puts a black mark on the driver's record and can make future employment difficult. Part of the confusion that drivers may face is that collection site personnel are not required to warn drivers about the consequences of leaving the site too early. According to the new guidance, drivers are only allowed to leave the collection site after:

- Both the driver and the collector complete the "chain of custody" form,
- The collector fives copy 5 of the form to the driver,
- The collector secures the urine samples in plastic bags for shipment to a lab.

At that point, the collector is required to tell the driver that he or she may leave.

"TEST YOUR TRUCK TRANSPORT KNOWLEDGE"

1) What are the largest two ports in the US for foreign tonnage?

2) What is a "10-36" in Trucker Talk?

"…all is a miracle. The stupendous order of nature, the revolution of a hundred million worlds around a million stars, the activity of light, the life of all animals, all are grand and perpetual miracles." ……Voltaire

Safety Awards

1 YEAR
Arias Leon, Christian
Boone, Douglas
Cast, James
Colston, Marlon
Copeland, Wolfgang
Cruz-Adorno, Jose
Descenclos, Alland
Determan, Kent
Dice, Michael
Dull, Jody
Farron, Sherwood
Fernandez, Angel
Gallina, Louis
Garcia Padilla, Juan
Garrabrant, Ralph
Goldberg, Eric
Guzman, Senovio
Henry, James
Herbener, Karen
Hinojoza, Juan
Jofre, Mario
Joseph, Calvin
Karam, Elias
Kelley, Jeremiah
LaFlower Jr, Mitchell
Lara, Edgar
Love, Kevin
Mann, Steven
Merritt, Jeffrey
Mishler, Jason
Mizell, William
Molina, Juan
Moore, Edward
Newby, Michael
Owen, Johnny
Pena, Cruz
Rosell, Alfredo
Samaroo, Terry
Santiago, Albert
Simmons, Matthew
Slater, Gordon
Taylor, Maxwell
Teplick, Michael
Townsley, Thomas
Valentine, Angela

2 YEARS
Alred, Edward
Berry, Mario
Blair, Joseph
Buckner, Perry
Clark, Charlie
Demery, Daniel
Elwell, John
Evans, John
Grenier, Robert
Gurrola, Francisco
Hache, Michel
Holmes, Anthony
Holmes, Terrance
Jump, David
McWhite, Jewel
Merritt II, Stephen
Mingia, Timothy
Morfitt, Leonard
Muir, Albert
Nichols, William
Perez, Obed
Piantadosi, Michael
Pooler, Bradley
Provonsil, Kenneth
Rolling, Jonathan
Rosillo, Christopher
Silva, Luis
Vega, Rodrigo
Williams, Kevin

3 YEARS
Andino, David
Barron, Lee
Carranza, Luis
Cason, Richard
Cortes-Gil, Antonio
Crawford, Sammy
Edeza, Francisco
Fountain, Mark
Goodnough, Miriam
Guevara, Jorge
Jean-Pierre, Celange
Knott, Kevin
Lewis, Stefan
Lundervold, Danny
Lyons, James
Martin, Michael
Padgett, Darryl
Paul, Richard
Rick, Ronald
Robles, Ernesto
Sanchez, Javier
Torres, Pablo
Tracy, Scott
Valentine, Nathan
Williams, Michael
Wilt, Bob
Zeamer, Albert

4 YEARS
Berry, Robert
Callaway, Howard
Easterling, Shannon
Gomez, James
Gutierrez, Douglas
Henry, Douglas
Hoffman Jr, Robert
Koenig, Brad
Larson, Cory
Salvino, Peter
Souza, Michael
Stanley, Stephenie
Tejeda, Leonardo
Thompson, Michael
Walsh, Donald
Weeks, Matthew

5 YEARS
Brown, James
Canones Jr, Ronito
Castellon Jr, Andres
Cervantes, Julio
Contreras, Jose
Dietz, John
Gutierrez Jr, Joe
Lisane, Virgil
Martin Jr, Wayne
Michel, Manuel
Miller, Ben
Quarles, John
Raulerson, Timothy
Stege, Glenn
Taylor, Robin
Vallejo, Roberto

6 YEARS
Berry, Karen
Burbano, Juan
Castrejon, Sid
Cepon, Gerald
Cuba, Jesus
Dhaiti, Wilner
Georges, Sintilien
Grindle, Michael
Harrington, Delvin
Howze, Guy
Laracuente, Pedro
Lemond, Frederick
Madrigal, Adrian
Martinez, Salomon
Mazariegos, Ariel
McKenzie, Christopher
Montpetit, Sylvain
Moreira, Jose
Nunemaker, Todd
Quinn, Edward
Radermacher, John
Sanchez, Isidoro
Sears, Mark
Shokry, Kamal
Sloan, Anthony
Snide, Peter
Valentine, Richard
Williams, Thomas

7 YEARS
Abarca, Antonio
Beckwith, Jeff
Graf, Gregory
Joya, Dany
Pederson, Jan
Pittman, Elizabeth
Salguero, Favio
Schimmoeller, David
Tribo, Steven
Vazquez, Juan
Wilson, Kenneth
Young, Ronnie
Zambrana, Jose

8 YEARS
Addison, Junior
Cobb, Dennis
Cruz, Jose
Fullard, Donald
Garcia, Jose
Gunn, Jeremys
Martinez, Jose
McKay, Jerome
McLean, Anthony
Sandoval, Nasario
Simmons, Marc

9 YEARS
Aguilar, Angel
Amoah, Alex
Amor, Fernando
Anderson, Jeramie
Basnight, Gregory
Bloodworth, James
Bruner, Bret
Covey, Denny
Dickerson, Michael
Gonzalez, Juan
Gooch, Johnny
Plaza, James
Romero, Adrian
Varela, Carlos
Whitten, Timothy

10 YEARS
Cruz, Jorge
Gillham, Robert
Gurganus, Thomas
Ingram, Donald
Johnson, Herman
Lasenby, Leslie
McFadden, Franklin
Medina, Andres
Raines, Reginald
Rhymer, Jeffrey
Smith, Kevin
Stirn, William

11 YEARS
Broadwater, Lanny
Chamberlin, Daniel
Garlick, Claudia
Hernandez, Ronaldo
Olan, Emilio
Velasco, Juan
Weathers, Bertha

12 YEARS
Berryman, Douglas
Brueckner, Glenn
Chroscicki, Peter
Dinisi, Tony

13 YEARS
Craven, Scott
Venhaus, Jeffrey

14 YEARS
Bolin Jr, Willie
Brandenberger, Charles
Dorado, Jimmy
Murphy, Mark
Rice, Robert

15 YEARS
Buckner, Stevie
Cuminale, Peter
Farley, Christopher
Gaytan, Jose
Ontiveros, Steve
Rios, Victor
Sida, Jose
Tandal, Nathan

16 YEARS
Sanchez, Luis

18 YEARS
Romin, Paul
Stankiewicz, Philip

19 YEARS
Cooper, William
Gilman, Billy
Sentz, Timothy

20 YEARS
McCartha, Allen
Montes-Corral, Leonardo

22 YEARS
Elizondo, Eliseo
Otte, Bruce

23 YEARS
Davenport Jr, Wilton

28 YEARS
Bednarz, Lloyd

29 YEARS
Capps, John

31 YEARS
Keller, Earl

33 YEARS
Adams, Steve
Whaley, Jerry

DECEMBER TRIVIA OF THE MONTH

1) How many designated face-off spots are there on a hockey rink?

2) What was the first war the US took part in that was partially financed with lottery dollars?

3) What unit of measure do you multiply by .39 to convert it to inches?

Answers in next month Tandem Talk

December 2014 is observed as:
Universal Human Rights Month, Safe Toys and Gifts Month

Answers to Test your Truck Knowledge:
1) Port of South Louisiana and the Port of Houston.
2) A call for the correct time.

Answers to the November Trivia of the Month: Vince Lombardi; 1995; St Louis.

Check out the Company Store on the CPC website for good quality CPC logo apparel…www.callcpc.com

ONLY ONE MONTH LEFT…….SO DON'T FORGET TO SUBMIT YOUR EMPLOYEE SAFETY TIP OF THE MONTH FOR DECEMBER. IF YOUR SAFETY TIP IS SELECTED, YOU WILL RECEIVE $50.00 AND BE ELIGIBLE TO BE ENTERED INTO THE POOL FOR THE END OF THE YEAR BEST 2014 SAFETY TIP. THE 2014 SAFETY TIP WINNER WILL RECEIVE $500.00.
Email your safety tip to k.smith@callcpc.com, OR mail to Kerrie Smith, CPC Logistics Inc, PO Box 22827, Bakersfield, CA 93390.

Dates To Note: DECEMBER

Dec	1	World Aids Day
Dec	7	Pearl Harbor Remembrance Day
Dec	16	Hanukkah
Dec	21	First Day of Winter
Dec	25	Christmas
Dec	26	Boxing Day
Dec	31	New Years Eve