



Tandem Talk

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Tandem Talk is a monthly publication for our valued clients and employees.

Best Drivers Drive



**CPC Logistics Has Some Of The Best Drivers
In The Transportation Industry.**



MEET STEPHEN HENRITZKY

Steve has been driving 24 years. Since early childhood he loved trucks. During his teenage years Steve remembers riding with his uncle delivering Alpo dog and cat foods. "I enjoyed those times in the truck with my uncle."

The first tractor he drove in 1991 was a 2-door Ford with a 5-speed transmission. His earnings were approximately \$17,000 a year. "I have made more money each year since then," Steve stated.

Why does Steve drive for a living? "I love to see the different sites and scenery as well as being outdoors," says Steve. "You are your own boss out on the road. You are in charge of performance and your safety while on the road. If you get tickets or have accidents, you are not managing yourself very well."

Steve has been working for Bridgestone Americas Tire Operations in Allentown, Pennsylvania since May of 1999 and joined the CPC team in June of 2009. He credits his extended time of service with BATO to management being very supportive of their drivers. "If they can make things safer for the drivers, they will," he says. Steve believes BATO is committed to safety and says it shows in the great equipment that BATO employees drive daily. He is Smith System Training Certified and teaches this concept to all of our new drivers as a driver trainer. "I am 100% committed to the Smith System philosophy. The system works if it is used properly."

In the end Steve says, "Enjoying your job helps make life more enjoyable; after all, life is too short."



Divisional Drivers Of The Month

EASTERN DIVISION

LARRY DANIELS has been selected as Driver of the Month for July 2015 for the Eastern Division. Larry has been employed with CPC Logistics since August 2010 and has been assigned to One World Logistics in Corbin, Kentucky since that time. He has established himself as a true professional driver, one whose reports and paperwork are detail-oriented and set a standard for excellence. He is a safe driver and he can always be counted on to cover extra loads to service our customer. Larry is well respected by the entire team at the OWL/Corbin KY operation and is very deserving of this award.

EDWARD SAMUEL has been selected as Driver of the Month for July 2015 for the Eastern Division. He has been assigned to Bridgestone Americas Tire Operations in Doraville, Georgia since June 2011. Ed is one of our low-maintenance drivers that you rarely hear from. He is a no nonsense type driver who has never had any type of preventable or non-preventable accident. Ed presents himself to our customer with integrity and character and his consistent approach to his job sets him apart from his peers.

WESTERN DIVISION

EARL LANE has been selected as Driver of the Month for July 2015 for the Western Division. He has been assigned to North American Pipe Corporation in Yucca, Arizona since August 2009. Earl is a top notch employee who has never had any accidents or injuries since being employed with CPC. He is always eager to work and volunteers to assist new drivers to help make their start with the company a positive experience. Earl was recently promoted to the new Lead Driver position at the Yucca facility. We are pleased to award Earl the Driver of the Month award.

PATRICK WILLIAMS has been selected as Driver of the Month for July 2015 for the Western Division. He has been employed with CPC Logistics since May 2007, and has been assigned to Bridgestone Americas Tire Operations in Ontario, California since January 2011. The Yard at BATO is a fast-paced, high-stressed area where drivers must always be thinking one step ahead to ensure that service is provided in an excellent and safe manner. Patrick has shown great leadership and integrity in this environment. He is an example of high level professionalism, working both to train new yard drivers while helping management understand the workflow of the yard.

CANADA DIVISION

JAMES KENDRICK has been selected as Driver of the Month for July 2015 for the Canada Division. Jim has been assigned to John Deere Fleet in Regina, Saskatchewan since September 2010. He is respected as a safety minded driver who never shies away from going above and beyond to lend a hand to his fellow drivers. Jim is always willing to assist Dispatch by shunting trailers around the Distribution Center when required. His dedication to providing excellent service to vendors is greatly appreciated.



John Schlichter

CPC SAFETY MANAGER TIP OF THE MONTH CONTROLLING SLIPS & FALLS

Usually when someone slips or falls, the first thing they say is, "I should have known better." This generally means they did know better but they made a mistake. Some of the most frequent truck driver injuries are caused by slips and falls. Two reasons for this include:

HASTE AND NOT DOING YOUR JOB PROPERLY

One moment of thoughtlessness or taking some needless risk can lead to injury when you least expect it.

BEFORE YOU GET IN CAB

- Check footholds & handholds.
- Report all broken or missing equipment to mechanics.
- Footwear: Rubber or slip-resistant soles give you a better grip.
- Remember, rain, snow & ice creates additional hazards as you move in and around your vehicle.

GETTING IN & OUT OF CAB

- Make good use of handholds & footholds.
- Always keep both hands free (put gear in cab first).
- Always use 3-Point Contact, keeping three limbs in contact with the handholds & footholds.
- If a hand or foot slips, there are still two other limbs in contact with the vehicle.
- Always leave the cab the same way you climbed in.
- When exiting the cab use 3-Point Contact with your body facing the unit.
- 'Look' your feet to their next step and onto the ground.
- Never jump from a cab or trailer.

WORKING AROUND THE HOOK-UP AREA

- If possible, when hooking or checking lines do it from the ground.
- If not possible, use as many handholds & footholds that are available.
- Remember, these areas may be slippery from fuel & moisture.

MOVING AROUND & CLIMBING ON THE TRAILER

- Watch your step as you inspect or move around your unit.
- Potholes, debris, oil & grease may cause you to slip or fall.
- Use a flashlight to see hazards while walking around your unit at night.
- Don't crawl under the trailer unless it's necessary to check a hookup or defect.
- Moving out from a crouched position may cause you to be off-balance which could lead to a fall.
- Remember where you are so you don't hit your head or body on the trailer.
- Use 3-Point Contact for climbing in, out or on the trailer, utilizing all available handholds, ladders & steps.
- Do not jump down from trailer.

Remember: A safe trip begins with getting into and out of the unit safely. A little bit of care and utilizing proper 3-Point Contact at all times will help you prevent a slip or fall. In the long run, that few extra seconds of safety will pay off and result in fewer on-the-job injuries.

Driver of the Month Award Presentations



HENRY LUNDY assigned to Success Logistics in Houston TX is shown with his Driver of the Month award for April 2015.



BRET HALL assigned to TruServ Logistics in Harvard IL is shown with his Driver of the Month award for May 2015.

Recent CPC Safety Meetings

ONE WORLD LOGISTICS – CANAL WINCHESTER OH – JULY 2015



L to R: Tom Lafollette, Daniel Boothe, Jason Mills, Vada Taylor, James Long – CPC Operations Mgr
Back L to R: Terrence Robinson, Shannon Welch, Adam Kocak, Richard Merritt, Rick Johnson, Pat Keels, Steve Dearwester, Richard Spencer, David Groves

BRIDGESTONE AMERICAS TIRE OPERATIONS – WOODRIDGE IL – JULY 10, 2015



1st Row L-R: Ken Lewis, Gamina Oliver, Jim Mooney, Caleb Centeno, Melvin Applewhite, and Rich Helton.
2nd Row L-R: Darius Tamosaitis, Fowler Taylor and Jason Boyle.



1st Row L-R: Donald Fenlon, Victor Donelson and Johnnie Thomas.
Middle Row L-R: Lanard Alexander, Jeff Donelson, Joe Valenti, John Bienemann, Jim Volante, Larry Sullivan and Thomas Szweda.
Back Row L-R: Jodie Coogler, Thomas Sudberry, Thomas Bonner, Ken Zyk, David Grant, Leodis Thomas and Frank Gilliam.

BRIDGESTONE AMERICAS TIRE OPERATIONS – OMAHA NE – JULY 14, 2015



L to R: Dennis Hagerty, Jeffrey Taylor.

SUCCESS LOGISTICS - TULSA OK - JULY 22, 2105



L to R: Rick Searcy-Success Fleet Mgr, Craig Totten, David Henningsen, Roger Tison

2015 NPTC PRIVATE FLEET SAFETY AWARDS

The National Private Truck Council (NPTC) recognized those private fleet members who continue to elevate safety performance during the group's Annual Education Management Conference and Exhibition held April 26-28, 2015 in Cincinnati.

"The NPTC/Lytx, Inc. Fleet Safety Awards program recognizes NPTC member companies that work to make safety a priority in their private fleets' operations," said Carol Heinowski, Chair of the NPTC Safety Committee. "The Fleet of the Year Awards in particular recognizes companies with the lowest ratio of accidents per million miles for the past year." The 2015 winner (based on safety performance achieved in 2014) in the Regional Operations category was TMH Transport, LLC, a CPC Logistics fleet operating out of Pryor, Oklahoma and Oxford, Alabama.



(Pictured –

Stacey Cole, Senior Marketing Manager of Lytx, Bob Boyich, Executive VP of CPC, and Gary Petty, President/CEO of NPTC)

Congratulations

Certified Transportation Professional Certification

Ninety-three transportation professionals achieved the prestigious designation of Certified Transportation Professional® (CTP) by the NPTC Institute, the educational and professional certification arm of the National Private Truck Council (NPTC). The graduates were honored during a ceremony at the Annual Education Management Conference and Exhibition held April 26-28, 2015 in Cincinnati.

Since the CTP designation was first introduced in 1993, nearly 1,400 fleet and transportation professionals have earned the right to add CTP after their name. CTPs are raising industry standards, and in turn, increasing the respect and prestige of the fleet and transportation profession.

"These new Certified Transportation Professionals, representing the largest class in the 22-year history of the program, have demonstrated the knowledge and ability to understand complex operational and regulatory issues, identify and evaluate potential costs and savings, and develop systems and practices that best meet their company's transportation needs and objectives," said Mari Roberts, CTP, Chair of the NPTC Institute Board of Governors that oversees the program.

"The CTP designation is a benchmark of excellence earned by a special few, but available to any fleet or transportation specialist willing to make the necessary commitment of dedicated effort."



In the CTP Class of 2015, two CPC associates earned the designation. Bill Steimel, Vice President of Information Technology in our St. Louis Corporate Office and Andrew Pate, Regional Manager in the Ontario, California office. Congratulations to these individuals who joined the ranks of other CPC associates who have earned their CTP.

Highway to Health News



IT'S THAT TIME OF YEAR AGAIN!

Wellness and Benefits annual enrollment opportunities will be here soon.



More information and details will follow in the mail shortly.

Now is the time to review your address and report any changes to your CPC office to make sure you receive all the information.

Eligible employees will have the opportunity to participate in the Wellness program and receive a credit towards their annual health insurance premium. The credit will reduce employee payroll deductions by the following amounts:

- Single coverage -- \$520
- Employee + spouse coverage -- \$780
- Employee + child(ren) coverage -- \$780
- Family coverage -- \$1,040

There are three easy steps to the Wellness program.

Step 1: Get screened to learn your health numbers

Step 2: Complete a Personal Health Profile

Step 3: Take action to improve or maintain your health

In addition to participating in the Wellness program, Open Enrollment provides an opportunity to make changes to your benefit plan coverage. For example, if you need to enroll, add or remove dependents, cancel coverage, Open Enrollment is the time. This is also a good time to review your entire benefits package and make any adjustments based on your current needs.

Details around Wellness participation and Benefits will arrive in separate packets. Watch for your packets and notify a Benefits Counselor at 800-941-7089 if you don't receive both sets of information by October 1, 2015.

STAY PROPERLY HYDRATED

One of the most important ways you can stay cool and healthy this summer is by being properly hydrated. If you're exercising in the heat and not drinking enough water, you could be at risk of heat exhaustion or even heat stroke.

TRY THESE STRATEGIES TO HELP KEEP YOURSELF WELL-HYDRATED:

- Choose water over other beverages. It's calorie-free and your body craves it!
- Add herbs like mint for additional flavor.
- Avoid alcohol and caffeine – if consumed in excess, they can cause dehydration.
- Drink water, instead of sugar-sweetened beverages, with meat.
- Drink water before, during and after exercise.



Safety Awards

1 YEAR

Adkins,Harley
 Anderson,James
 Byers,Joshua
 Courtney, Joseph
 Dearwester,Steven
 Downard,Dennis
 Ehrhart II,LeRoy
 Evans,Daniel
 Groves,David
 Hall,Timothy
 Lafollette,Thomas
 Langevin, Christina
 Melton,Mitchell
 Mills,Jason
 Putt,John
 Seevers, Ronald
 Shaffer, Robert
 Smay,Richard
 Smith,Carlis
 Solomon, Jeffrey
 Spanswick,Robert
 Wilson,Robert
 Wingrave,Murray

2 YEARS

Arthur,Charles
 Bagent,Brent
 Boger,Kevin
 Castiaux,James
 Eckel, Thomas
 Gillane,William
 Helms,Gary
 Householder,Kevin
 Jackson, Charles
 Leitner, Jeremiah
 McCafferty,Shaun
 McGee, David

Osborne,James
 Payne,Christina
 Rea,Mark
 White,Gerald

3 YEARS

Bialecki,Tim
 Creps,David
 Duncan,David
 Falor, Kyle
 Grapes,Marcus
 Hawley,Jason
 Henry,Jeffrey
 Hunsberger, Joseph
 Jones,James
 Keels,Patri
 Kennaw,James
 Littlefield,Thomas
 Pendell,Zachary
 Ray,Donald
 Rogalski, Keith
 Scantlin,Daniel

4 YEARS

Fields,Perry
 Goff,Casey
 Irwin,Anthony
 Leopard,Timothy
 Livings,Patrick
 Moye Jr,Robert

5 YEARS

Dillon,Kevin
 Grover, Rick
 Haley,Dwight
 Loper,Thomas
 Martin,William
 Nunn, David

Plymale,Harold
 Reveal,Martin
 Townsend, Richard

6 YEARS

Church,Steven
 Hines,Lowell
 MacGregor, Timothy
 McNeil Jr, Howard

7 YEARS

Chapman,Tony
 Conley,Matthew
 Eaches,John
 Foulk,Gail
 Hartwell, Matthew
 Jordan,Roberta
 Leonard Jr,James
 Macy,Neil
 Marsh,Wayne
 Parker,Gregory
 Ropp,John
 Weatherhead,George
 Zimmerman,Henry

8 YEARS

Prince,Elbert

9 YEARS

Borucki,Jeffrey
 Rood, Jared
 Shuler, William
 Woodbury, James

10 YEARS

Blosser,Lester
 Nelson, Allen
 Pate,Garry

11 YEARS

Nelson, Martin

12 YEARS

Pope,Michael

13 YEARS

Payne,Kiley
 Ramirez, Frank

14 YEARS

Holmes,Daniel

15 YEARS

Fuenty,William
 Paulsen,Arthur
 Rehard,Douglas
 Velasco,Ruben

25 YEARS

Alexander,Arthur



**Check out the Company Store on the CPC
 website for good quality CPC logo apparel... www.callcpc.com**